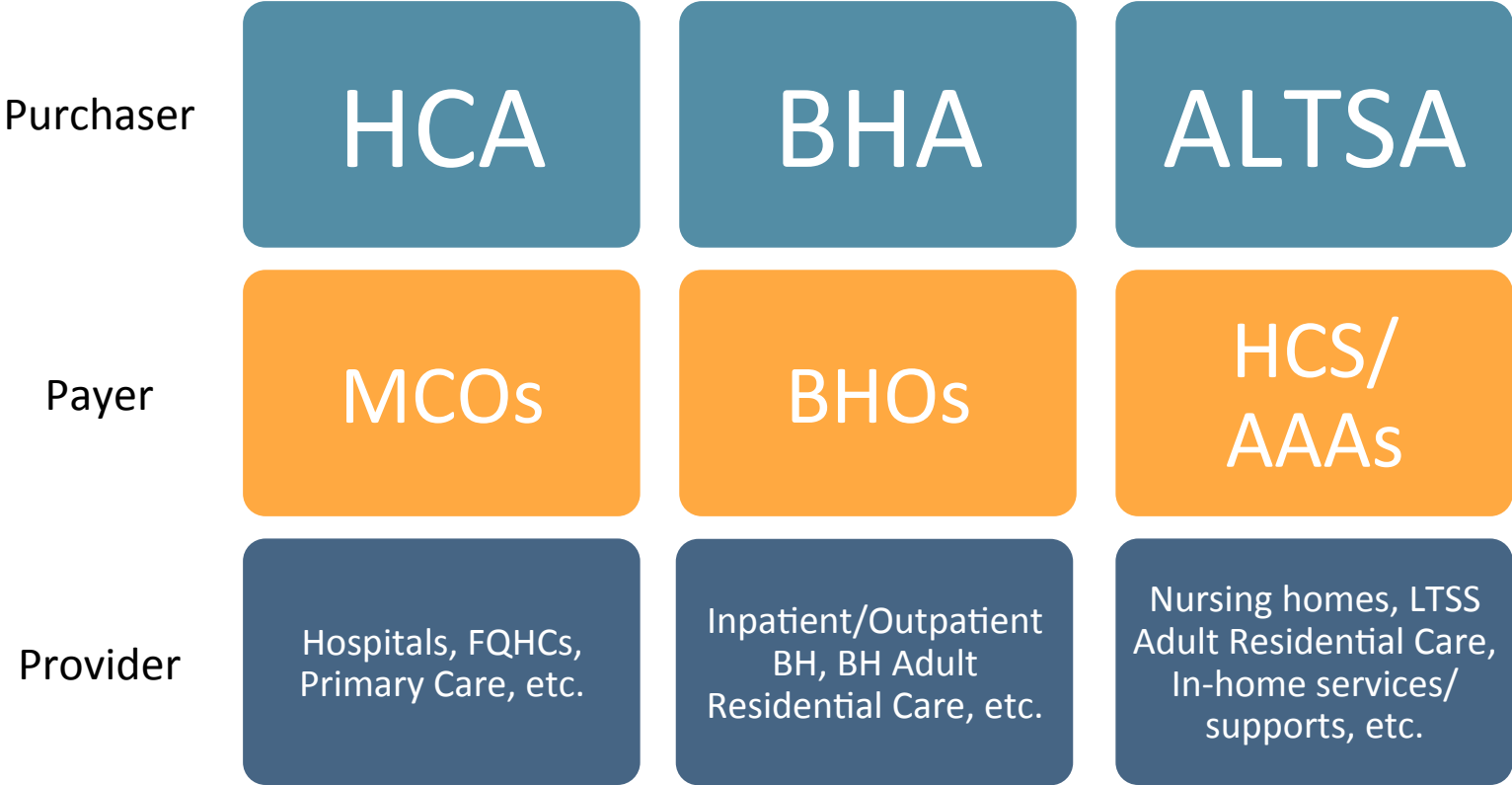


# Medicaid 1115 Transformation Waiver

May 10, 2016

# Medicaid Funds Flow

## Medicaid





# Health Care Authority

- State Medicaid Agency (Apple Health)
  - Health care for ¼ of Washingtonians
- Managed Care Organizations (MCOs)
  - Amerigroup
  - Community Health Plan of WA (CHPW)
  - Coordinated Care
  - Molina Healthcare
  - United Healthcare

# Healthier Washington Strategies



Building healthier communities through a collaborative regional approach

Ensuring health care focuses on the whole person

Improving how we pay for services



# Washington's Medicaid Transformation Goals

## *Achieving the Triple Aim*

- **Reduce avoidable use of intensive services and settings**—*such as acute care hospitals, nursing facilities, psychiatric hospitals, traditional Long-Term Services and Supports, and jails.*
- **Improve population health**—*focusing on prevention and management of diabetes, cardiovascular disease, pediatric obesity, smoking, mental illness, substance use disorders, and oral health.*
- **Accelerate the transition to value-based payment**—*using payment methods that take the quality of services and other measures of value into account.*
- **Ensure that Medicaid per-capita cost growth is below national trends**—*through projects, activities, and services that improve health outcomes and reduce the rate of growth in the overall cost of care for our Medicaid population.*



# What is an 1115 Waiver?

- Section 1115 of the Social Security Act
- A contract between the state and the federal government
- 5 year demonstration
- NOT A GRANT
- Allows for more flexible use of Medicaid \$
  - Federal investments in innovations that will result in cost savings by the end of the demonstration
- Must be budget neutral

# Waiver Initiatives

## Initiative 1

Transformation through Accountable Communities of Health

### Delivery System Transformation

- Each region, through its Accountable Community of Health, will be able to pursue projects that will transform the Medicaid delivery system to serve the whole person and use resources more wisely.
- Also known as Delivery System Reform Incentive Payments (DSRIP).

Pay for Performance Projects

## Initiative 2

Enable Older Adults to Stay at Home; Delay or Avoid the Need for More Intensive Care

### Benefit: Medicaid Alternative Care (MAC)

- Community-based option for Medicaid clients and their families.
- Services to support unpaid family caregivers.

### Benefit: Tailored Supports for Older Adults (TSOA)

- For individuals “at risk” of future Medicaid LTSS not currently meeting Medicaid financial eligibility criteria.
- Primarily services to support unpaid family caregivers.

Medicaid Benefits/Services

## Initiative 3

Targeted Foundational Community Supports

### Benefit: Supportive Housing

- Individualized, critical services and supports that will assist Medicaid clients to obtain and maintain housing. The housing-related services do **not** include Medicaid payment for room and board.

### Benefit: Supportive Employment

- Services such as individualized job coaching and training, employer relations, and assistance with job placement.

# Timeline and Key Milestones

## Medicaid Transformation Waiver Development Process 2015 - 2016





# Accountable Communities of Health

ACH Regions Map



Further information on ACHs is available at:

[http://www.hca.wa.gov/hw/Pages/communities\\_of\\_health.aspx](http://www.hca.wa.gov/hw/Pages/communities_of_health.aspx)



# Supportive Housing—Eligible Services

- Housing transition services that provide direct support to help individuals obtain housing, including:
  - Housing assessment and development of a plan to address barriers.
  - Assistance with applications, community resources, and outreach to landlords.
- Housing tenancy sustaining services that help individuals maintain their housing, including:
  - Education, training, coaching, resolving disputes, and advocacy.
- Activities that help providers identify and secure housing resources.

*Supportive housing services **do not** include funds for room and board or the development of housing.*



# Populations most likely to benefit from supportive housing services

- Chronically Homeless
- Individuals with frequent or lengthy institutional contacts
- Individuals with frequent or lengthy adult residential care stays
- Individuals with frequent turnover of in-home caregivers
- Those at highest risk for expensive care and negative outcomes—PRISM Risk Score of 1.5 or above



# Supported Employment

## *Individual Placement and Support (IPS) Model*

- An evidence-based approach to supported employment for individuals with significant barriers to employment
  - *23 randomized controlled trials (Dartmouth, 2015)*
- Principles of Supported Employment:
  - Open to anyone who wants to work
  - Focus on competitive employment
  - Rapid job search
  - Systematic job development
  - Client preferences guide decisions
  - Individualized long-term supports
  - Integrated with treatment
  - Benefits counseling included



# Populations most likely to benefit from supported employment services

- Enrollees in Aged, Blind and Disabled (ABD) program or potential to enroll in Housing and Essential Needs (HEN)
- Individuals with:
  - Severe & Persistent Mental Illness
  - Multiple episodes of Substance Use Treatment
  - Co-occurring Disorders
- Youth in transition with behavioral health diagnosis

An individual may be eligible for supported employment *and* supportive housing if he or she falls within eligible populations for both benefits and exhibits a medical/functional need for both.

*AL TSA: Supported employment services will be implemented concurrently for individuals eligible for long-term support services, including those with traumatic brain injuries (TBI).*



# CMS Update

## **Negotiation progress**

- Motivated to get to ‘yes’
- Remains budget-based
  - High level endorsement of programmatic approach
- Identifying sources of non-federal share in order to get to appropriate investment amount



# Where to find more information

[http://www.hca.wa.gov/hw/Pages/medicaid\\_transformation.aspx](http://www.hca.wa.gov/hw/Pages/medicaid_transformation.aspx)

## Resources available:

- Draft Project Toolkit Framework
- Updated FAQ and Fact Sheets
- Waiver Application
- Previous webinar presentations (slides & recordings)
- Updates on workgroup activities

## Workgroups

- Chronic Homelessness Policy Academy
- Olmstead Policy Academy

Send questions and comments to:

[Medicaidtransformation@hca.wa.gov](mailto:Medicaidtransformation@hca.wa.gov)

Questions?



For more information, contact:

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Feedback Network:

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